**Painting with Gouache**

**Instructor: Dorian Cohen**

**Materials List  
  
*Watercolor Paper***

8x5 landscape coldpress watercolor sketchbook/journal. Here are some options:

Pentalic Aqua Journal. Moleskine Watercolor Sketchbook. Global Art Book (Also called Travelogue Watercolor Journal). Etchr Lab Cold Press Mix Media watercolor sketchbook.

I suggest getting the *Pentalic Aqua Journal 8”x5”* – its 100% cotton and has gelatin sizing (avoid gelatin sizing if you’re vegan). This is my favorite watercolor journal/sketchbook to paint in.

The sketchbook/journal approach is to get acquainted with gouache and be able to take notes while we paint. It’s also a great setup for on the go/traveling Urban Paint Sketching and/or Plein air painting.

If you don’t want to buy a sketchbook journal, this is what I suggest:

·  Cold Press as opposed to Hot Press. Most watercolor paper offer one or the other. I like Cold Press for its textures!

·  Arches block or pad. Expensive but great paper and texture. Has the gelatin sizing.

·  Fluid 100 Block Cold Press. 6”x8”. Very affordable but a still great paper to work on. Gelatin sizing. Not as textured as Arches Cold Press.

·  Fabriano makes great paper to work with as well! Most of their paper is free of animal derivatives except their Esportazione paper. Fabriano is used in the Etcher Lab books.

·  200 gsm (90 lb.) paper or higher. The higher the better! I like 300 gsm myself!

##### BRUSHES

An assortment of synthetic watercolor/acrylic brushes will work great. Avoid Natural hair watercolor brushes. Suggested sizes:

·  Flat brushes size ¼”, ½” and ¾”.

·  Round size 6, 4 and 2.

·  Water brushes are awesome too, but optional!

If you’re not sure if the brushes you already own will work, bring them in anyway and I’ll let you know if they will work.

MY FAVORITE BRUSH SET IS **RICHESON PLEIN AIR TRAVEL WATERCOLOR BRUSH SET!** – Very quality brushes with a nice travel case. Check online for different prices!

## *PAINT*

## *Gouache*

I will suggest two sets I have worked with personally and like. I will also suggest adding colors to these sets as well. As we progress in the class you may want to add more colors to what’s suggested below.  \*You can intermix brands with each other!

**Windsor and Newton Introductory set** – Comes with brilliant green, deep permanent yellow, ivory black, primary blue, primary red, primary yellow, spectrum red, ultramarine, yellow ochre and zinc white. \*Zinc white is a tinting white and can be used up rather quickly as it is not the most opaque of whites! Suggested colors to add:

* Permanent White or Titanium White (59 ml.)
* Paynes Gray

**M. Graham Artists' Gouache - Basic Set, Set of 5 colors, 15 ml tubes *–*** Comes with Azo Yellow, Naphthol Red, Cobalt Blue, Ivory Black, and Titanium White. Suggested colors to add:

* Permanent White or Titanium White (59 ml.)
* Alizarin Crimson
* Lemon Yellow or Hansa Yellow
* Yellow Ochre
* Primary Blue or Cerulean Blue
* Paynes Gray

Winsor and Newton is a great brand to start off with. My favorite brand is M. Graham but have less colors. I’ve used Holbein and I liked their paint too. Maimeri is good, but my tubes dried out quick. Try to stick with Professional or Artist Grade gouche paint. Other suggested colors (these are optional):

* Prussian Blue (mixed with white makes excellent electric/screen light source color)
* Olive green
* Hookers Green
* Flame Red
* Burnt Sienna
* Raw Sienna

#### *Palette*

There is a lot of different palettes out there. Any watercolor palettes will work. Palette pads work fine. The resealable watercolor palettes work good, but they don’t always keep the gouache as fresh as we’d like. My palettes vary! I use watercolor palettes with no wells to sometimes using on old metal pencil box lid!

#### *containers for your water*

TWO 2 oz containers work great for the size work we do! Nalgene 2 oz plastic containers are my favorite. I like to have two, one for cleaning the brush, one for rinsing the cleaned brush and for adding water to the pigment. Try to get plastic or metal if you want to do plein air! Try to keep your glass jars in the studio only!

***Paint Rag***

Paint towels, thick paper towels, rags, old cotton t-shirts!

***DIGITAL CAMERA or PHONE***

Take a picture if you don’t finish that still life in class!

***MISCELLANEOUS (optional)***

Drawing materials and tools! You never know when you need that scrap piece of paper!

Graphite pencils, pen and ink, watercolor pencils, pastels are some materials I’ve used with gouache successfully so feel free to bring in these materials as well!

Small ruler up to 12”

Spring Clips or Binder Clips

Small Earth Magnets (that will fit in the Nalgene cup).

A group of objects on a table

Description automatically generated with low confidence